

Nutrition

per 100g

Energy	1188kJ/282kcal
Fat	7.9g
of which Saturates	3.6g
Carbohydrate	44g
of which Sugars	5.0g
Fibre	1.5g
Protein	8.1g
Salt	1.00g

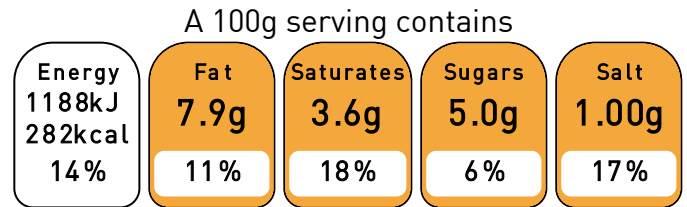
Ingredient Declaration

WHEAT Flour, Water, EGG Whole (Potassium Sorbate E202, Citric Acid E330, Emulsifying Agent E471), Butter (Cream (MILK)), Sugar, Black SESAME Seeds, Salt, Flour Treatment Agent E300, Enzymes [WHEAT], Yeast [Saccharomyces Cerevisiae, Emulsifier: E491, Flour Treatment Agent: E300]

Allergens

- Contains Gluten
- Contains Wheat
- Contains Eggs
- Contains Milk
- Contains Sesame
- Suitable for Vegetarians

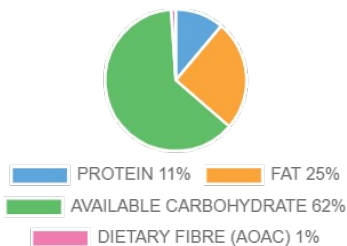
Front of Pack



of an adult's reference intake

Typical values per 100g: 1188kJ/282kcal

Energy Contributions



EU Reference Intakes

Per 100g		RI Quantity	% RI
Energy	kJ	8400	1188 14%
Total Fat	g	70.0	7.9 11%
Saturates	g	20.0	3.6 18%
Carbohydrate	g	260.0	43.8 17%
Sugars	g	90.0	5.0 6%
Protein	g	50.0	8.1 16%
Salt	g	6.0	1.00 17%

