

Nutrition

	per 100g
Energy	1196kJ/285kcal
Fat	11g
of which Saturates	3.6g
Carbohydrate	42g
of which Sugars	23g
Fibre	1.2g
Protein	4.1g
Salt	0.27g

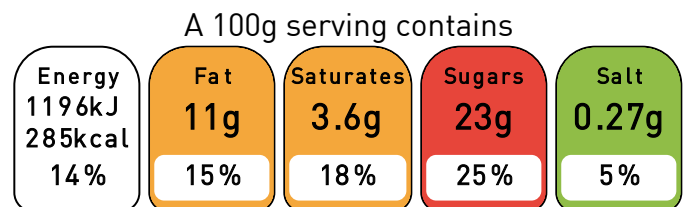
Ingredient Declaration

Apples (29%), WHEAT Flour, Sugar, Margarine (Vegetable Fats And Oils [80%] (Fats (Palm) Oils (Sunflower), Water, Emulsifiers [E471, E322 Sunflower Lecithin], Preservative [E202], Acidity Regulator [E330], Flavorings, Color [Beta-Carotene]), EGG Whole (Potassium Sorbate E202, Citric Acid E330, Emulsifying Agent E471), Sultana, Juice Binder (Acetylated Distarch Phosphate, Acetylated Distarch Adipate, Sugar) [WHEAT, BARLEY, EGGS, MILK, NUTS], Baking Powder (Corn Starch, Sodium Bicarbonate (E500ii), Sodium Acid Pyrophosphate (E450a)) [WHEAT], Allspice, Cloves, Orange Flavoring (Natural Flavoring, Benzyl Alcohol E1519, Triacetin E1518), Lemon Flavoring (Natural Flavoring)

Allergens

- Contains Gluten !
- Contains Wheat !
- Contains Barley !
- Contains Eggs !
- Contains Milk !
- Contains Nuts !
- Suitable for Vegetarians

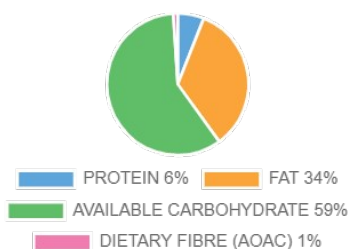
Front of Pack



of an adult's reference intake

Typical values per 100g: 1196kJ/285kcal

Energy Contributions



EU Reference Intakes

Per 100g		RI Quantity	% RI	
Energy	kJ	8400	1196	14%
Total Fat	g	70.0	10.7	15%
Saturates	g	20.0	3.6	18%
Carbohydrate	g	260.0	42.3	16%
Sugars	g	90.0	22.6	25%
Protein	g	50.0	4.1	8%
Salt	g	6.0	0.27	5%

